

# Supporting Client Health and Wellness

2nd Wednesday of the Month - 2pm on Zoom



Far Northern  
Regional Center



LEARN WAYS TO SUPPORT AND CARE FOR  
PERSONS WITH DEVELOPMENTAL DISABILITIES  
AND COMPLEX NEEDS. WE WILL COVER TOPICS  
SUCH AS...



**Mental Health**



**Medications**



**Healthy Activities**



**Health Conditions**



**Behavioral Support**



**Health Advocacy**



**Care Planning**



**Nutrition and More...**



**Earn free CEU's**

**Sign up on Eventbrite:**

<https://www.eventbrite.com/e/supporting-client-health-and-wellness-tickets-348107257177>